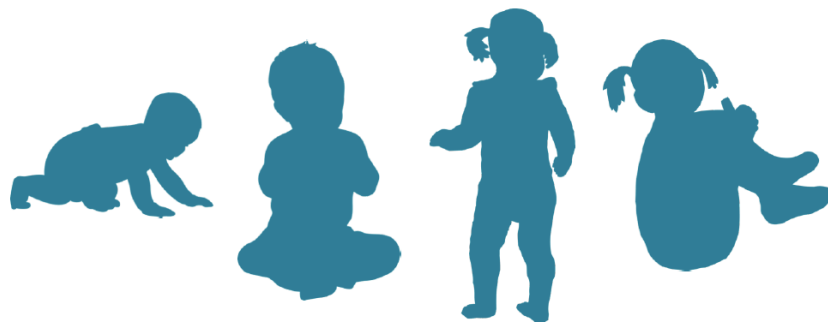




# Early Interventionist Week 10: May 18<sup>th</sup> to 23<sup>rd</sup>

Activities to help a child's overall development, as well as some strategies and handouts

Age Focus - 12 to 23 months old



# Activity:

## ▶ Activity One: Popsicle sticks

- ▶ Supplies: box and popsicle sticks
- ▶ Make holes in top of the box that allow the popsicle sticks to fit in
- ▶ Have the child put the popsicle sticks into holes in the box



## ▶ Activity Two: Water Play

- ▶ Supplies: Two buckets, water, and some small toys
- ▶ Fill the buckets with water, and place the small toys into the bucket
- ▶ Have your child remove all the objects from the water and place them into the empty bucket



# Sensory Time:

- ▶ Homemade Foam-Dough
  - ▶ Supplies: Cornstarch and lotion
  - ▶ 2/5 cup of lotion
    - 1 cup of cornstarch
    - A little food coloring
    - \*Any color of food coloring
  - ▶ Mix all together
  - ▶ Have your child play with it



# Speech and Language Support

## Target Words:

1. Push
2. Finger
3. Go
4. Look
5. Give me

### Tips:

Use the activities that were given on the slides to use these target words.

Wait three to five seconds to give your child a chance to respond to what you have said. Show that you are waiting expectantly by raising your eyebrows, smiling and opening your mouth

## **Imitates Movement**

Your child imitates movements such as clapping his hands to copy you. He understands and plays the "How Big?" game by putting his hands out wide.

## **Point to Objects**


Your child is relating to you! He points to show you things or ask what something is. He points to tell you what he wants or where he wants to go.

# W-Sitting

- ▶ W-sitting is when the child is sitting on their bottom with both knees bent and their legs turned out away from their body; their legs will be in the shape of the letter W
- ▶ Why W-sitting is bad?
  - ▶ 1. Causes stress on their hips and knee joints
  - ▶ 2. Leads to long term postural problems and low back pain
  - ▶ 3. Long term W-sitting can cause pigeon-toed walking
- ▶ Common reason why children W-sit
  - ▶ 1. limited core muscle strength
  - ▶ 2. Muscle tightness
  - ▶ 3. Low muscle tone
  - ▶ 4. Poor trunk rotation skills



# Speech and Language Homework

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Complete the sentence: A mouse is little, a house is _____.		Help your child to describe a favorite character ( <i>he has...</i> , <i>he is...</i> ).	Complete the sentence: I see with my eyes, I smell with my _____.	Toss a ball with your kiddo. Ask a question then toss the ball, catch the ball and answer the question.	<b>Little Artist:</b> Color a picture with your child. Describe your picture to each other.

**Learning Target:** With daily practice, your child should be able to better understand and use the concepts "same" and "different" and categorize items.

# Other Sources for your child :

- ▶ Storytime Live with Ventura County Library. Monday to Friday (English, Bilingual and bedtime stories) <https://www.facebook.com/VenturaCountyLibrary/>
- ▶ Weekly post live preschool classes <https://unionsquareplay.com/>
- ▶ Kids yoga classes <https://www.youtube.com/user/CosmicKidsYoga>